Shopping List for Vacation

Fruits

- apples (need washed)
- bananas
- cuties
- avacados
- cut up melon/berries

Veggies

- baby carrots
- grape tomatoes
- precut celery
- precut broccoli/cauliflower
- bagged spinach/lettuce
- mini peppers

Dairy

- string cheese
- sliced cheese
- Greek yogurt
- individual milk

Meats/Proteins

- sliced deli meat
- prepackaged lunch meat (stick with lower fat/salt)
- jerky
- dry salami
- individual tuna packets
- hard boiled eggs
- peanut butter

Paper Products

- paper plates
- napkins
- cups
- plastic silverware
- zip top baggies (sandwich, quart, gallon size)
- roll of paper towels

Beverages

- gallons/bottled water
- individual fruit drinks
- boxes of fruit juice
- individual servings milk
- soda

Miscellaneous

- wet wipes
- trail mix/nuts/snacks
- gum
- chips
- bag of ice
- loaf of bread
- individual condiments, dips, hummus, etc.