

Build Your Own Indoor Growing Station

Supplies:

- Metal Shelving Unit (3-5 shelves high), 36-48 inches wide
- Two, 48 inch long fluorescent light fixtures with chains
- Four, 48 inch long fluorescent grow lights
- Drill
- 3/16 inch drill bit

Instructions:

- Find an open spot to work.
- Assemble shelving unit, spacing shelves at least 18 inches apart.
- Find the center of the end of each shelf where you will be hanging a grow light.
- Drill a 3/16 inch hole at the center point at each end of the shelf.
- Hang chosen light fixture using chain and S hooks (generally provided with light fixture).
- Place grow light in fixture.
- If desired, use a timer to turn lights off and on to simulate daylight.

